



Delhi Public School Nashik

Academic year 2018-19

Syllabus

for

GRADE: - XI Humanities

| Sr.No. | Subject | Page Number |
|--------|-----------------------|-------------|
| 1. | English | 2-3 |
| 2. | Psychology | 4 |
| 3. | Political Science | 5 |
| 4. | Economics | 6 |
| 5. | Informatics Practices | 7 |
| 6. | Physical Education | 8-9 |



Delhi public school Nasik
Yearly Syllabus for the year 2018-19
Grade XI – English

| Month | Syllabus/chapter | Activities | Grammar | Creative writing | Test Syllabus |
|-----------|---|--|-------------|------------------------------------|---|
| June | Hornbill: The Portrait of a Lady | Write a short description on someone you liked a lot. | Determiners | Business letter / official letter | |
| | Snapshots : The Summer of the Beautiful White Horse | Discussion: How important are values in one's life. | | | |
| | Novel: The Canterville Ghost: Chapter 1 | Discussion | | | |
| July | Hornbill: A Photograph(Poem) | Describe a photograph of your parent. | Tenses | Letter to an Editor | |
| | Snapshots : The Address | Group discussion on Predicament | | | |
| | Novel: The Canterville Ghost: Chapter 2 | Discussion | | | |
| August | Hornbill: We're Not Afraid to Die..... | Share an experience of an adventure you had. | Clauses | Application for a job with resume | Pre Mid Term- The Portrait of a Lady. The Summer of the Beautiful White Horse A Photograph. The Address . Novel: Chapter 1 and 2. |
| | Snapshots : Ranga's marriage | Debate: Indian society has moved a long way from the way the marriage is arranged in the story | | | |
| | Novel: The Canterville Ghost: Chapter 3 | Discussion. | | | |
| September | Hornbill: Discovering Tut: The Saga Continues | Debate: Knowledge of past is helpful in modern advancement, therefore it should be respected. | Modals | Letter : application for admission | |
| | Snapshots: Albert Einstein at School. | Discussion: Express your views on the prevailing system of education. | | | |

| | | | | | |
|---|---|---|------------------------------------|---|---|
| | Hornbill: The Voice of the Rain(Poem) | Discussion : The Scientific Process of Rainfall | | | |
| | Novel: The Canterville Ghost: Chapter 4 | Discussion. | | | |
| October | Hornbill: The Ailing Planet : The Green Movement's Role | Poster making | Change of voice | Article writing | Half Yearly Exam: The Portrait of a Lady. The Summer of the Beautiful White Horse A Photograph. The Address . We're Not Afraid To Die. Ranga's Marriage. Discovering Tut. The Saga Continues. Albert Einstein at School. The Voice of the Rain. Novel: Chapter 3,4. |
| | Snapshots : Mother's Day | Discussion: Role of a mother in the family. | | | |
| | Novel: The Canterville Ghost: Chapter 5 | Discussion | | | |
| November | Hornbill: The Browning Version | Discussion: The system of education in old , British schools . | Rearrangement of words and phrases | Note-making | |
| | Snap shot : Birth | Discussion on medical procedures | | | |
| | Novel: The Canterville Ghost: Chapter 6,7 | Discussion | | | |
| December | Hornbill: Childhood(Poem) Hornbill: Father to Son(Poem) Snapshots: The Tale of Melon City | Talk on childhood and process of growing up Share views : your relationship with your father. Narration | Comparisons | Summarising. Essay writing. Creative writing. Sub-titling | Post Mid Term : The Ailing Planet : The Green Movement Role. Mother's Day. The Browning Version. Birth. Novel: 5,6,7. |
| <p>January</p> <p>Pre Annual: The Portrait of a Lady. The Summer of the Beautiful White Horse. A Photograph. The Address . We're Not Afraid To Die. Ranga's Marriage. Discovering Tut. The Saga Continues. Albert Einstein at School. The Voice of the Rain. The Ailing Planet : The Green Movement Role. Mother's day. The Browning Version. Birth. Childhood. Father to Son. The Tale of Melon City. Novel: Chapter: 1,2,3,4 5,6,7.</p> | | | | | |
| <p>February</p> <p>Annual Exam: The Portrait of a Lady. The Summer of the Beautiful White Horse. A Photograph. The Address . We're Not Afraid To Die. Ranga's Marriage. Discovering Tut. The Saga Continues. Albert Einstein at School. The Voice of the Rain. The Ailing Planet : The Green Movement Role. Mother's day. The Browning Version. Birth. Childhood. Father to Son. The Tale of Melon City. Novel: Chapter: 1,2,3,4 5,6,7.</p> | | | | | |



Delhi public school Nasik
Yearly Syllabus for the year 2018-19
Grade XI – Psychology

| Month | Name of the chapter | Test |
|--------------|---|--|
| June | Chap.1-What is psychology. | |
| July | Chap.2-Methods of enquiry in psychology. Chap.3-The bases of human behavior. | |
| August | Chap.4-Human development. | Pre Mid-Term:- 20.08.2018 TO 27.08.2018. Chapter 1,2,3 and 4. |
| September | Chap.5-Sensory,Attentional and perceptual processes. Chap.6-Learning. | |
| October | Chap.7-Human Memory. | Half Yearly:- 03.10.2018 TO 15.10.2018. Chapter 1,2,3,4,5 and 6. |
| November | Chap.8-Thinking. | |
| December | Chap.9-Motivation and Emotion. | Post Mid-Term:- 03.12.2018 TO 07.12.2018. Chapter 5,6,7,8 and9. |
| January | Revision. | Pre Annual:- 30.01.2019 TO 12.02.2019. Full syllabus. |
| February | Revision and Final Exams commence. | Annual:- 18.02.2019 TO 27.02.2019 |



Delhi public school Nasik
Yearly Syllabus for the year 2018-19
Grade XI Political Science

| Month | Topic | | Test Syllabus |
|------------------|---|--|---|
| | Book 1 – Indian Constitution at Work | Book 2 – Political Theory | |
| June | Chp 1: Constitution: Why and How? | Chp 1: Political Theory: An Introduction | |
| | Chp 2: Rights in the Indian Constitution | Chp 2: Freedom | |
| July | Chp 3: Election and Representation | Chp 3: Equality | |
| | Chp 4: Executive | Chp 4: Social Justice | |
| August | Chp 5: Legislature | Chp 5: Rights | Pre Mid-Term:- 20.08.2018 TO 27.08.2018 Book 1: Chp 1, 2 Book 2: Chp 1, 2 |
| September | Chp 6: Judiciary | Chp 6: Citizenship | |
| October | Chp 7: Federalism | Chp 7: Nationalism | Half Yearly:- 03.10.2018 TO 15.10.2018 Book 1: Chp 1,2,3,4,5 Book 2: Chp 1,2,3,4,5 |
| November | Chp 8: Local Governments | Chp 8: Secularism | |
| December | Chp 9: Constitution as a Living Document | Chp 9: Peace | Post Mid-Term:- 03.12.2018 TO 07.12.2018 Book 1: Chp 6,7 Book 2: Chp 6,7 |
| January | Chp 10: The Philosophy of the Constitution | Chp 10: Development | Pre Annual:- 30.01.2019 TO 12.02.2019 (Full Portion) |
| February | Revision | | Annual:- 18.02.2019 TO 27.02.2019 (Full Portion) |



Delhi public school Nasik
Yearly Syllabus for the year 2018-19

Grade XI Economics (As Per NCERT Textbooks)

| Month/ subjects | Part 1(Introductory Microeconomics) | Part 2. Statistics for Economics | Exam Syllabus |
|------------------------|---|---|--|
| June | Chp1. Introduction Chp2. Consumers Equilibrium in demand | Chp1. Introduction Chp2. Collection of Data | |
| July | Chp2. Consumers Equilibrium in demand | Chp3. Organisation of Data Chp4. Presentation of Data | |
| August | Chp3. Producer behavior and supply | Chp4. Presentation of Data Chp5. Measure of Central Tendency | 20.08.2018 TO 27.08.2018 Part1. Chp. 1, 2,3 Part2. Chp1, 2 |
| September | Chp3. Producer behavior and supply | Chp5. Measure of Central Tendency | |
| October | Chp4. Forums of Market and Price Determination under Perfect Competition with simple applications | CHp6. Measure of Dispersion | 03.10.2018 TO 15.10.2018 Part1. Chp 1to 5 Part2. Chp 1 to 5 |
| November | Chp4. continued | Chp7. Correlation | |
| December | Revision | CHp8. Index No | 03.12.2018 TO 07.12.2018 Part1. Chp6, 7, 8 Part2. Chp 6,7 |
| January | Revision | Chp9. Use of Statistical Tools | 30.01.2019 TO 12.02.2019 Full Portion |
| February | Revision Paper Practice | Revision Paper Practice | 18.02.2019 TO 27.02.2019 Full Portion |



Delhi public school Nasik
Yearly Syllabus for the year 2018-19
Grade XI Informatics Practices

| Month | Topic/chapter | Test Syllabus | Activity |
|-----------|--|-----------------------------------|---------------------------------|
| June | Unit 1 : introduction to computer systems 1.1,1.2 hardware concepts | | Ms-word - formatting |
| | Unit 1 : introduction to computer systems 1.2 ,1.3hardware concepts | | Ms-word - tables |
| | Unit 1 : introduction to computer systems 1.3 ,1.4hardware concepts | | Ma-word - tab setting |
| July | Unit 2 software concepts | | Ms-excel - referencing |
| | Less. 3: getting started with programming ide | | Ms-excel - functions & formulae |
| August | Less. 3: getting started with programming ide | | Creating a project |
| | Less. 4: programming fundamentals | | |
| September | Less. 5: flow of control | | Workshop 6.1-6.4 |
| | Less. 6:java ide programming -1 | | |
| | Less. 7:java ide programming -2 | | |
| October | Less. 8:java ide programming -3 | Pre Mid Term:- Ls No 1 to 6 | Workshop 7.1 to 7.3 |
| | Less.9- programming guidelines | | |
| November | Less.10: dbms concepts | | Program 9.1 |
| | Less. 11-introduction to mysql | | Program 9.3 |
| December | Less.14- table creation & commands | Mid Term :- Ls No 1 to 9 | Ddl,dml commands |
| | Less.12 simple queries in sql | Post Mid Term:- Ls No 10,11,12,14 | |
| January | Less. 13: mysql functions | | Page no 400-415 |
| | Less. 13: mysql functions It applications | Pre Annual | Page no 451-466 |
| February | Revision /board practical exam | Yearly Exam:- Ls No 1 to 14 | Page no 426-437 |



Delhi public school Nasik
Yearly Syllabus for the year 2018-19
Grade XI Physical Education

| Month | Topic | Exam Syllabus |
|---------------------|--|--|
| JUNE | <p><u>CHANGING TRENDS & CAREER IN PHYSICAL EDUCATION</u></p> <ul style="list-style-type: none"> * Define Physical Education, its Aims and Objectives. * Development of Physical Education * Concept and Principles of Intergrated Physical Education * Concept and Principle of Adaptive Physical Education * Career options in Physical Education | |
| JULY | <p><u>PHYSICAL FITNESS, WELLNESS & LIFESTYLE</u></p> <ul style="list-style-type: none"> * Meaning and importance of physical fitness, wellness & lifestyle. * Factors affecting physical fitness & wellness * Indicators of health – physical and psychological. * Preventing health threats through life style change. * Components of positive life style. | |
| JULY / AUGUST | <p><u>OLYMPIC MOVEMENT</u></p> <ul style="list-style-type: none"> * Ancient & modern Olympics * Olympic symbols, Ideals, objectives & values. * International Olympic committee. * Indian Olympic Association . <p>Awards : Dronacharya, Arjuna, Rajiv Gandhi Khel Ratna. * Organisational setup of CBSE sports and Chacha Nehru Sports Awards.</p> | 20-08-2018 TO 27-08-2018 PRE-- MID |
| AUGUST / SEPTEMBER | <p><u>YOGA</u></p> <ul style="list-style-type: none"> * Meaning and Importance of yoga : <p>Yoga as an Indian Heritage. Elements of Yoga Introduction to – Asanas, Pranayam, Meditation and Yogic Kriyas. * Prevention & Management of common life style Diseases: Obesity, Diabetes, Back Pain & Hypertention</p> | |
| SEPTEMBER / OCTOBER | <p><u>DOPING</u></p> <ul style="list-style-type: none"> * Concept and classification of doping. * Prohibited substances & methods. * Athletes responsibilities * Side effects of prohibited substances * Ergogenic aids & doping in sports * Doping control procedure. | 03-10-2018 TO 07-10-2018 HALY YEARLY |
| OCTOBER / NOVEMBER | <p><u>PHYSICAL ACTIVITY ENVIRONMENT</u></p> <ul style="list-style-type: none"> * Introduction to Physical activity * Concepts and need of sports environment. * Principle of physical activity environment * Components of health related fitness. * Behaviour change technique for physical activity. * Exercise guidelines at different stages of growth. | |

| | | |
|---------------------------|---|--|
| NOVEMBER / DECEMBER | <u>TEST & MEASUREMENT IN SPORTS</u> * Define Test & Measurement. *Importance of Test & Measurement in sports * Calculations of BMI & waist – hip ratio. * Somato types (Endomorphy, Mesomorphy & Ectomorphy) *Procedures of Anthropometric measurement – height, weight, arm & leg length and skin fold. | 03-12-2018 TO 07-12-2018 POST MID TERM |
| DECEMBER / JANUARY | <u>FUNDAMENTALS OF ANATOMY & PHYSIOLOGY</u> * Define Anatomy, Physiology and its importance *Functions of skeleton system, classifications of bones and types of joints. *Function and structure of muscles * Function & structure of respiratory system * Structure of heart and circulatory system. * Oxygen debt, second-wind | |
| JANUARY / FEBRUARY | <u>BIOMECHANICS AND SPORTS</u> * Meanings & importance *Newton’s Law of Motion & its application * Levers and its types and its application in sports * Equilibrium – Dynamic & Static and Centre of Gravity & its application in sports. * Force – Centrifugal and Centripetal and its application in sports. | 30-01-2019 TO 12-02-2019 PRE - ANNUAL |
| FEBRUARY | <u>PSYCHOLOGY AND SPORTS</u> *Definition and importance of Psychology in physical education. * Define & differentiate between growth & development * Developmental characteristics and different stage of development. *Adolescent problems and their management *Define learning, laws of learning and transfer of learning *Plateau and causes of plateau *Emotion : Concept and controlling of emotion | |
| FEBRUARY / MARCH | <u>TRAINING IN SPORTS</u> *Meaning and concept of sports training *Principles of sports training *Warming up and limbering down *Load, adaptation and Recovery *Skill, Technique and Style *Symptoms of overload and how to overcome it. | |